Women's Resource Center of the New River Valley

PeaceWorks

February 2017

News on the work of the Women's Reource Center of the New River Valley, Inc.

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Peaceline

Healthy Relationships Weeks 2017

What would the New River Valley look like if we were able to fully succeed in our vision of creating a community free of sexual and domestic violence? This idea that we could one day live in a community, and a world, where violence has been completely eradicated, sits at the very core of who the WRC is, and is the reason we will never stop creating or improving programs that forward this mission!

For almost 20 years, the WRC's Peaceline program has been an essential part of inciting safety in our community. The Peaceline Curriculum is presented by WRC staff in nearly all middle and high schools in the New River Valley, grades 6 - 10, and addresses violence, domestic abuse, sexual harassment, and safety by building healthy relationships. This effective and evidence based prevention program has helped teach an entire generation to better understand what sexual and domestic violence is and what healthy relationships consist of. While we have research showing increases in knowledge and attitudes, we also see that Peaceline supports help seeking later in life.

To underscore the message of Peaceline, the WRC facilitates Healthy Relationships Week in four area high schools. These events promote building relationships that include respect, equality, honesty, trust, and good communication.

WRC staff work closely with the individual schools, prevention partners, and community members to offer an assortment of engaging activities throughout the week. Daily activities provide educational opportunities emphasizing the importance of healthy relationships and safety. Plus, supportive community resources information is provided.

It is because of the support from our dedicated and compassionate community that Peaceline and Healthy Relationships Weeks continue to incite safety in the lives of our next generation. For more information on Peaceline or for information on other programs, please contact us at 540.639.9592.

In Her Shoes

An interactive educational opportunity for your group

This year, the WRC is offering an interactive simulation for groups in the community to grasp a deeper understanding of how many domestic violence survivors live. "In Her Shoes" allows participants to 'walk in the shoes' of people experiencing violence by reading a series of short narratives that describe different experiences. Participants are then challenged to make real-life choices that determine what happens next in their narrative. By walking in the shoes of those experiencing violence, participants gain powerful insight into the many barriers people face as a result of domestic violence.

"In Her Shoes" is currently available as an educational tool for our community and would be ideal for professional groups, school staff, and churches. A two-hour time frame is needed to complete the simulation and for group discussion. To invite the WRC to facilitate "In Her Shoes" for your group, or to set up another training, contact Laura Weaver at communityengagement@wrcnrv.org.

Contact Us!



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Your February Issue of Peaceworks is here!

If you would prefer to receive WRC newsletters electronically, please send your name and preferred email address to communications@wrcnrv.org.

Special Thanks

Thank you to all who participated by donating gifts or sponsoring a family during the annual Women's Resource Center Holiday Program. Because of your support and generosity we were able to assist 47 families this holiday season!

Many of the donations we receive throughout the year ensure that basic needs are met for our clients and their families. In addition, our Donations and Relocations Program assists our clients as they move into safe and permanent homes. So while we are always in need of basic household items, we also keep a list of specific items needed by our programs and clients. Listed below are some of our current program needs!

- Dish Detergent
- Lysol Wipes
- Tall Kitchen Bags
- Toilet Paper & Paper Towels
- AA Batteries
- Adult Coloring Books
- Coloring Pencils
- Sheets/Blankets (twin, full)
- Canned Meat (tuna, beef,
- salmon, chicken)
- Individual Fruit Cups
- Individual Hot Cereal (oatmeal)
- Snack Bars

For more information, please contact Ghadah at donations@wrcnrv.org, or visit our website, wrcnrv.org

Incite Saf

For nearly 40 years, the focus of the Women's Resource Center has been safety. "Are you safe?" is how we answer our phones, over 2,300 times each year on the hotline alone. With a fervent focus on safety, Incite Safety has become our call to action. Each spring, we invite our community to join us at an Incite Safety luncheon. This is a time for the New River Valley community to gather, learn about the work of the WRC, and donate to support future programming.

This year, our Annual Incite Safety Luncheon will be on May 3rd from 11:30 - 1. Through generosity of sponsors, we are able to dedicate the funds raised at the event to our programs. Through the generosity of our guests, we are able to sustain free safety-centered services to people in the NRV each year.

If you would like to be a sponsor and/or a guest to the event, please contact Laura Weaver at incitesafety@wrcnrv.org or call 540.639.9592. The deadline for RSVPs is Wednesday, April 12th.